



STRONG PARTNERSHIPS • SHARED INVESTMENT • BETTER LIVES



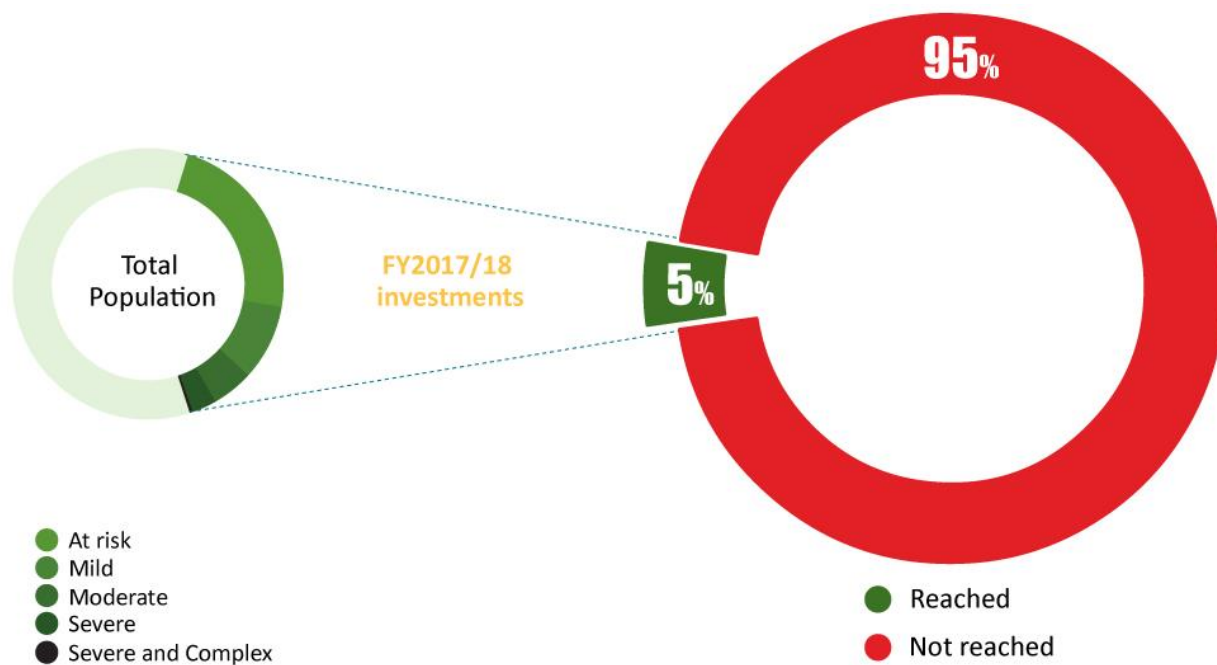
Mid North Coast Local Health District
Northern NSW Local Health District



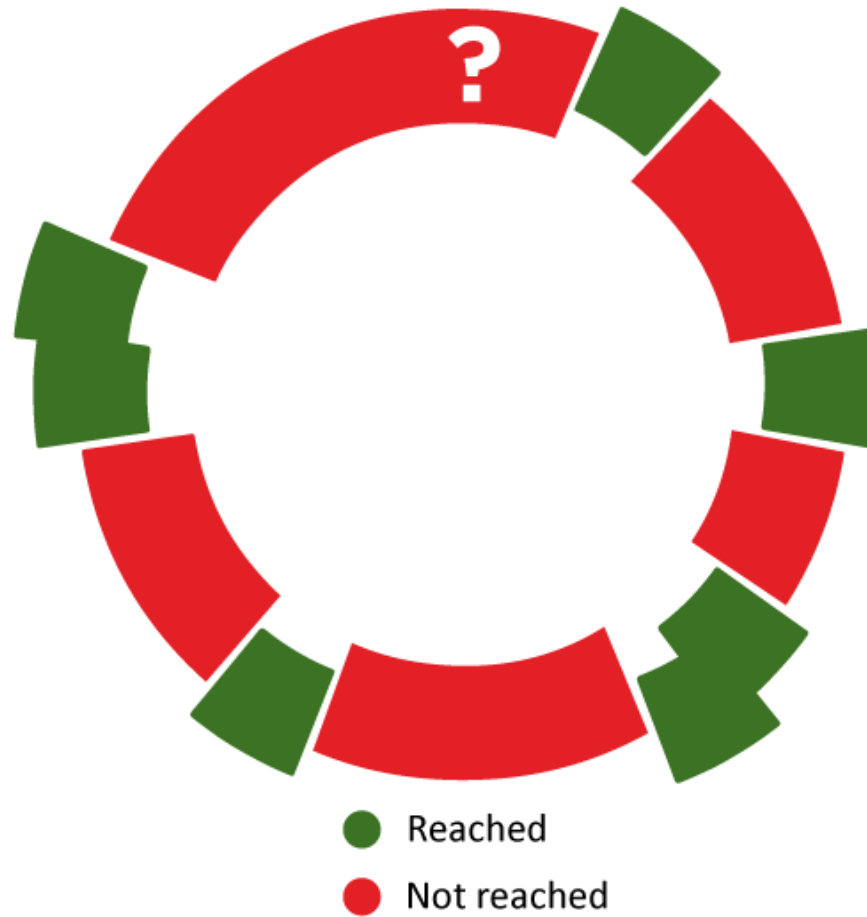
An Australian Government Initiative



Understanding and addressing mental health need in NNSW



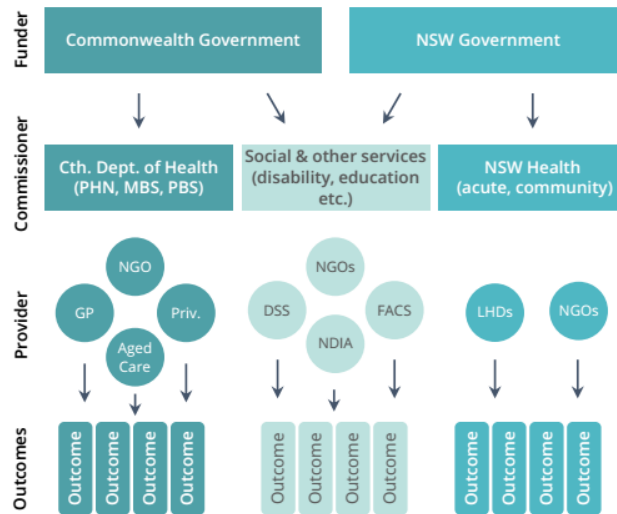
What about everyone else?



Dedicated Model to Achieve Shared Goals

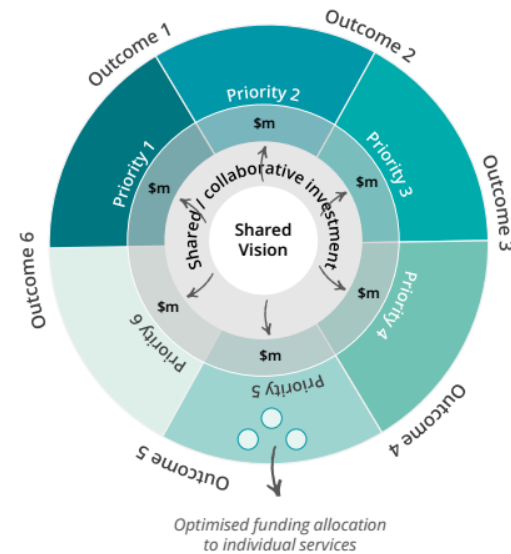
Service system*

Separation of funders, commissioners, providers and outcomes between primary, acute and social care



Future State*

An optimised and shared investment to deliver services that achieve a common set of outcomes and vision



Mental illness (including substance use disorders) is the main contributor to lower life expectancy and increased mortality in the Aboriginal population of New South Wales. It contributes to a higher burden of disease and premature death at rates that are 40 per cent higher than the next highest chronic disease group, cardiovascular disease.

Australian Burden of Disease Study: Impact and causes of illness and death in Aboriginal and Torres Strait Islander people 2011.

Recommendations

1. Research, develop and publish evidence-based models of culturally appropriate mental health care for implementation
2. Finalise an Aboriginal mental health policy framework including:
 - Methods, roles and responsibilities for collecting detailed information and data about Aboriginal service use and demand
 - A regional communication strategy to improve visibility and priority of Aboriginal mental health
 - Allow providers to identify service gaps and duplications and plan for equitable distribution of services across locations
 - Increase the Aboriginal workforce
 - Additional KPIs to measure performance

1. Your **involvement**.....you need to be involved in driving the change that you want to see
2. **Data**.....we need the evidence to clearly articulate the problem and design the system