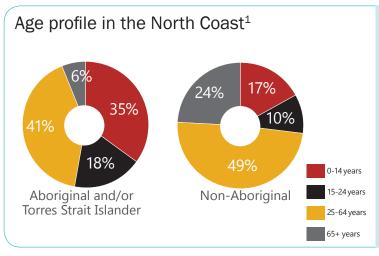


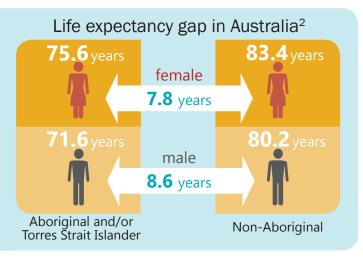
ABORIGINAL AND TORRES STRAIT ISLANDER PEOPLE FACT SHFFT





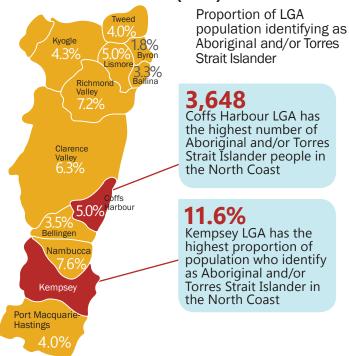
A key role of North Coast Primary Health Network (NCPHN) is to identify health needs and service gaps and, based on this evidence, prioritise activity to address those needs. This fact sheet contains the most up-to-date health and service statistics and community perspectives.

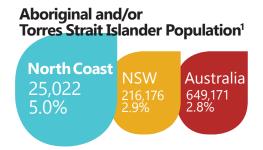






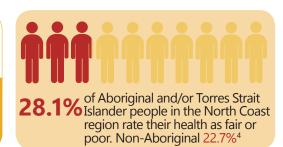
12 Local Government Areas (LGAs)1





The North Coast has the highest rate of hospitalisations for all causes by Aboriginality in NSW per 100,000 population³

North Coast 83,971.3 NSW 62,198.9 2016-17



^{*}These boundaries are not 100% accurate, they are to be used as a guide only.

General Practice

Data submitted in September 2018 from 106 General Practices in the North Coast region⁵:

Other sources

Mental Health

Diagnosis among Aboriginal and/ or Torres Strait Islander clients:

12.3% Anxiety

14.8% Depression

1.6% Schizophrenia

1.6% Bipolor



Intentional self-harm hospitalisations for Aboriginal people aged 15-24 years in NSW

per 100,000 Population

Non-Aboriginal 240.0



Aboriginal and/or Torres Strait Islander deaths due to suicide⁷, SA4* per 100,000 population for combined reference years 2008-16, crude rate

Coffs Harbour-Grafton 18.4

Mid North Coast

12.0

Richmond-Tweed 10.8

NSW 12.0

Alcohol and Other Drugs



of female Aboriginal and/or Torres 33.5% Strait Islander patients were identified to be at medium to high risk of being hazardous drinkers or have active alcohol use disorders 31%

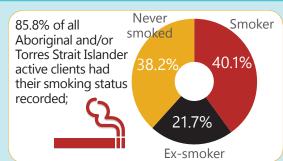
of Aboriginal and/or Torres Strait Islander people in Australia are more likely to abstain from drinking alcohol compared to 23% for non-Aboriginal people8



35%

of Aboriginal and/or Torres Strait Islander people in Australia who did drink, drank at risky levels and placed themselves at harm on a single drinking occassion at least monthly8

Smoking



2.7% of Aboriginal and/or Torres Strait Islander people in NSW smoked9

10.3% All NSW

Hospitalisations attributed to smoking in NSW 2016-17 per 100,000 people¹⁰

Aboriginal and/or

1,752.5

Non-Aboriginal 621.2

Diabetes

Diagnosis among Aboriginal and/ or Torres Strait Islander clients:

5.3% Type II diabetes

0.7% Type I diabetes

1.1% "undefined diabetes"



Hospitalisations rates for diabetes in NSW, 2016-17 per 100,000 population¹¹

Aboriginal and/or Torres Strait Islander

500.3

Non-Aboriginal 131.1

Diabetes-related deaths in NSW 2015-16 per 100,000 population12

Aboriginal and/or Torres Strait Islander 62

Non-Aboriginal 29.0

Weight

31.1% of all Aboriginal and/or Torres Strait Islander clients had a Body Mass Index measurement recorded.



overweight





42% of Aboriginal and Torres Strait Islander people in NSW have an insufficient level of physical activity13

High body mass attributable hospitalisations in NSW 2016-17 per 100,000 population¹⁴

Aboriginal and/or Torres Strait Islande

1,450.1

Non-Aboriginal 736.9

SpeakUp, the 2018 local health needs assessment community survey was held in June 2018 and completed by 3,372 North Coast locals from Port Macquarie to Tweed Heads.

Aboriginal and/or Torres Strait Islander NORTH COAST survey participants

identified as LESBIAN, GAY, BISEXUAL, QUEER, TRANSGENDER, NON-BINARY OR WITH A **DIFFERENT GENDER OR SEXUAL IDENTITY**

said they wouldn't be able to get \$2,000 for something important within a WEEK

14.1%

had PRIVATE HEALTH INSURANCE

were AGED between 15-24 YEARS

10.7%

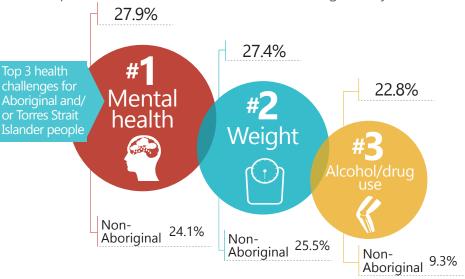
were AGED 65 YEARS or over

needed help with SELF CARE activities

34.8%

WORKED 35 or more HOURS a week

Participants were asked which health challenges they face...



Participants were asked what they think are the three most serious health concerns in their community...

Aboriginal and/or Torres Strait Islander

1	Drug and alcohol misuse	59.6%
2	Mental health issues	48.0%
3	Family violence	24.9%

Non-Aboriginal

1	Ageing issues	49.4%
2	Mental health issues	47.6%
3	Drug and alcohol misuse	46.8%

Survey respondents told us which additional services are needed to meet health challenges in their community...



% of Aboriginal and/or Torres Strait Islander respondents reporting access is difficult

3 health services most commonly reported as hard to barriers to access services

Specialists



Psychiatrist General surgeon Paediatrician

Long wait (57.0%) Lack of specialists (55.3%) **Cost** (54.6%)

Allied health



Dentist Counselling

Cost (54.9%) Aboriginal health worker Lack of professionals (50.6%) **Long wait** (47.0%)

Mental health services



NSW Health community mental health Counselling **GP**with knowlege in mental heatlh

Lack of services (30.7%) Poor experience (22.8%) Quality of services (21.7%)

Alcohol & other drug services



Rehab Detox Counselling

Lack of services (75.6%) **Confidentiality** (47.8%) Stigma/shame (47.6%)

Age specific services



Care packages/funding In home domestic support Support/social groups

Cost (38.6%) Lack of services (37.2%) **Difficult to organise** (35.0%)

General Practice (Doctor)



Can't get appointment (53.5%) **Long wait** (39.3%) **Public transport limited (29.4%)**

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